

Lung Wellness Tonic with the Genius



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The Genius allows you to be a "director of energy"

Frequencies (measures in Hz, like Rife frequencies) can affect you by a process called resonance. Your body is surrounded by a field called the biofield. This field is shaped by frequencies. The sum effect of these frequencies ultimately affects the cells, tissues, organs and more. Where do you want to direct the energy today? What change do you want to make? Then, choose the frequencies in the Genius that are related to that change! In this example, we will use frequencies to promote more vitality and resilience.

Step 1

Record your voice and picture

The Genius has a sophisticated voice engine. This voice engine listens helps to "measure" your current frequency or state of being. This assessment of your voice is compared to other frequencies within the Genius. From this comparison, a number score is calculated. The score is between 0-777. High and low scores indicate frequencies that would be beneficial to run today. The goal or running frequencies, which means placing them in the one of the trays, is to achieve more harmony, peace and balance.



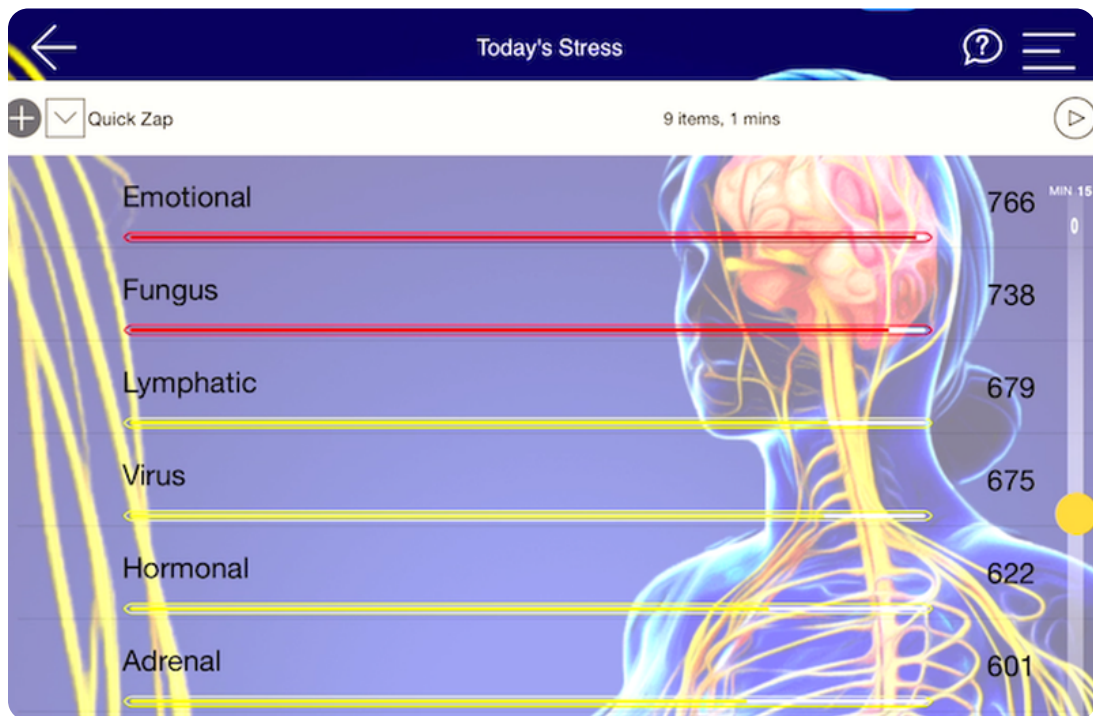


Step 2

Today's Stress

A good way to begin any session is to start with Today's Stress. This allows you to work with some of the most pressing issues in your day! Include the reds and blues from this panel by adding them to the Main Hold tray.

Red items are associated with issues that may be more superficial or short-term. Blue items may be associated with stagnation or with the compression of the energy. Either way, blues and reds are indicative of frequencies that would be most beneficial for you to place in the trays today. All panels and frequencies in the Genius represent energies. They do not represent conditions, diseases or pathology and should not be interpreted as such.





Step 3

Add all the items below to the Main Hold Tray (Lower Tray)

- Nogier Panel - choose the Nogier B, helps tune up the lungs
- Spinal Energy panel - choose T3, for bronchitis, pneumonia, lung or chest infection
- Solfeggio Tone 285 Hz - Helps tissue return to its most resonant frequency
- Organs Panel - choose lungs and the Chinese medicine pair, large intestine
- Vitamins Panel - choose Vitamin A, Vitamin C and Vitamin D for the immune system
- Minerals Panel - choose magnesium, zinc and selenium - supports healthy lungs

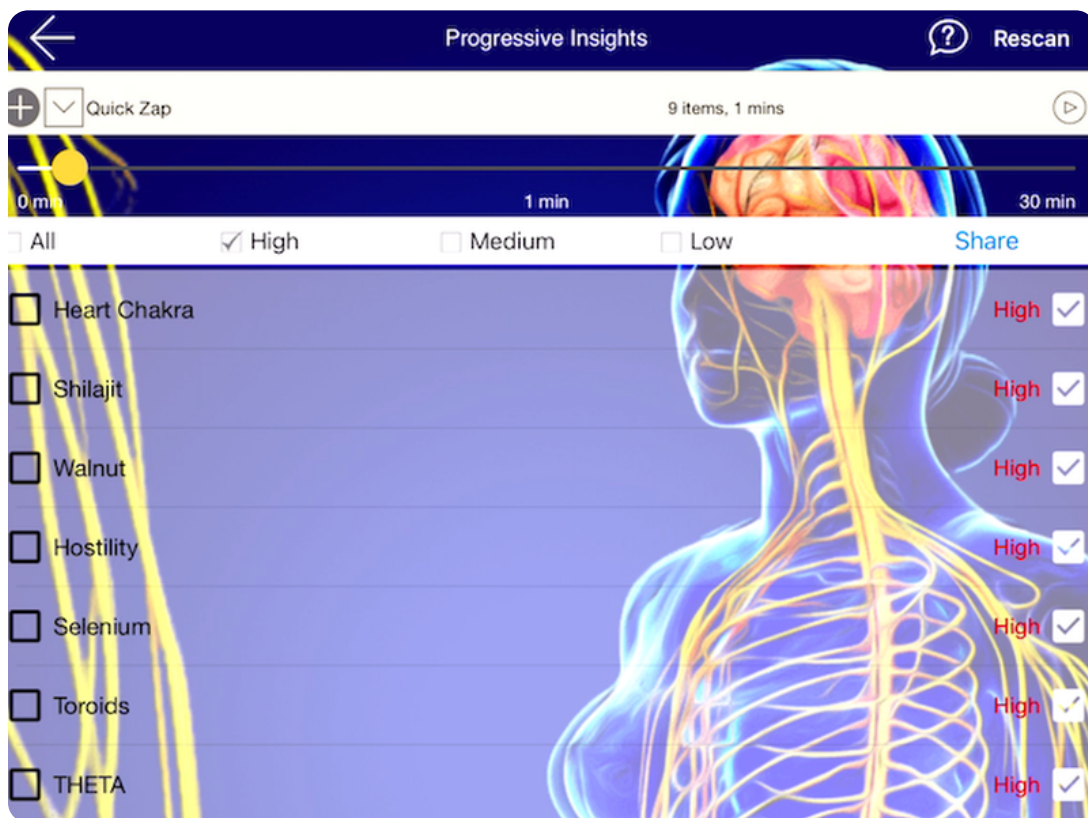
After all items are added to the Main Hold Tray, go to Progressive Insights using the Play button at the bottom right. Balance the frequencies for 15 min.



Step 4

Try the Rescan Function

The rescan function in the Progressive Insights screen, can help you to go to deeper levels of discovery. After balancing for 3 minutes, you can observe the rectification percentage. When it is over 40%, tap the rescan function. The rescan will consider the frequencies you have already balanced and look for new frequencies that are now priorities to the energy field. This allows you to see new priorities as well as some frequencies that continue to rise to the top again and again.



Step 5

Bach Flower Essences

The Bach Flower Essences should be considered for every session. These Flower Essences in the Genius are frequencies that can help to harmonize the emotions. If you feel anxiety, worry, sadness or other emotions you can use these frequencies.

Add the reds and blues from this panel to the Main Hold Tray as a stand alone balancing. This can help you to start the day on a happy and calm footing! You can also add the red and blue items to any balancing that you do.

Quick Zap 9 items, 1 mins

Flower Essence	Frequency	Color
Mustard	774	Red
Hornbeam	753	Red
Water Violet	732	Red
Walnut	725	Red
Aspen	720	Red
Heather	692	Red
Rock Rose	685	Blue
Elm	679	Blue
Clematis	678	Blue