

HOW I ACHIEVED MY GOALS AND CREATED A LIFESTYLE FRIENDLY BUSINESS WHILE TRAVELING

My personal Case Study



GENIA ABREU



USED TO HAVE A 9-5 JOB

Agricultural Engineer

LIFESTYLE FRIENDLY
BUSINESS

Life Coach & Travel Expert

TRAVELED FOR

10+ years

FACTS ABOUT GENIA

- I help passionate people to find the courage to live an inspired life.
- Everything is possible and there is always a way when you really want something
- Any circumstance could be seen as an opportunity to achieve your goals.
- You can be who you really are, become free and thrive by using the laws of the universe.
- You can live your full potential and master your life.

I have quit my 9-5 job at the university to travel. I went on a search by getting out of my comfort zone and embracing new adventures. Before traveling, I was doing a job that was not my calling. Since I hit the road, my journey became more exciting and I'm now more energized, with a sense of a higher purpose. I was able to accomplish what I wanted with profits.

THE CHALLENGE

I forced myself to turn my life upside down for a great purpose

In the past, I have occasionally considered the expectations of others to choose my path. When we give in we only delude ourselves and no one benefits. I knew that wasn't going to work for me. What works for one person may not work for everyone. Looking for approval is a waste of time and my sharp-witty character wouldn't allow me to hold it for too long anyway. Beyond that, I'm determined and I take action accordingly. It is counterproductive if you lack clarity and don't have big goals, but if you are grounded and have what it takes, it is going to be overcome. That's why I have designed my unique signature business.

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MARIA EUGENIA ABREU
Creator of The ART of Travel
www.genia-abreu.com



The Solution

Being true to ourselves sets us free and makes an impact

With *The ART of Travel*, I have built a brand with my unique touch and expertise. I have a lifestyle that I love while I make an impact on other people's lives. It is easy to get motivated when we want something and it makes sense to us. We have an extra push to get things going. We have reasons to trust our process and keep our chin up along the way. It is hard work but it is worth the effort. By purposefully planning short and long term goals while listening to my intuition, I had no problem to move forward on the direction of my dreams. Plus, we can have our time off without affecting our progress. I have also enjoyed my trips to the fullest, so I'd never have to avoid having fun and being happy. They play a big part in it and everything counts as experience. But the thing that sets *The ART of Travel* apart? It was self-created over the years, and therefore its authenticity, originality and solidity.

The Results

Creating our ideal lifestyle while doing what we love is possible

The results I've gotten are living proof that we can decide on our best life without all the typical hassles. On top of creating my lifestyle, I've also been happier and healthier than ever, have replaced my time on pleasing others with focusing on myself and my goals, and have eliminated the need to fit. If you think you might be underachieving in your life or happiness, I believe considering a new perspective will help you immediately.

LOOKING FORWARD TO HAVING A SHIFT IN YOUR LIFE AND FINALLY FOCUS ON YOU? TURN EFFORT INTO EASE BY GOING WITH THE FLOW OF CREATION

I believe we all have what it takes to make our dreams come true. It was possible for me, and so it is for YOU! Join my community *'The ART of Leadership & Positive Thinking'* for valuable content.

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