



Over the past ten years, I've personally gone on a self-discovery journey by traveling and living abroad. It has shown me a new world and gave me a huge opportunity to experience and learn the habits and ways of doing things about different people and new cultures.

This checklist provides an easy way to remember the 10 most important things to consider before traveling. These are also life lessons to get the most out of your personal journey.

- Genia Abreu

Get clear on your interests however, don't plan everything to the detail. We never know the reareason we get on a journey
Get assistance from people when you are on your own. They would probably love to help you
Make sure you have the right attitude and follow your intuition. Attitude determines everything, and you cannot go wrong with your sense of knowing
Consider the possibilities of the unknown instead of feeling threatened. Differences enrich us all and reveal great opportunities
Be yourself no matter what. It is easy when you travel since nobody knows you. The sensation of freedom is priceless
Be fearless to allow a new world to open up before your eyes and discover its wonders. It will transform you even more than you could ever imagine
Get the best out of any situation and find the meaning behind every encounter or event
Get ready for something new and embrace change. We are always in expansion, and we should have fun
Reshape and adapt your initial ideas, remain open, welcome a new situation and flow with what is next for you
Make traveling an opportunity for your dreams, finding yourself is your true destination

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Want a Magical Perspective for your Life?

I'll show you how to start mastering your travels and leading your life to a *better future* for you! Join our community of like-minded people to get even more value. Click below to be part of my exclusive group

YES! Want to join the Group