

Age in Reverse with the Genius



By Dr. Ariel Policano

GeniusBiofeedback.com



Step 1

Record your voice and picture

The Genius has a sophisticated voice engine. This voice engine listens helps to "measure" your current frequency or state of being. This assessment of your voice is compared to other frequencies within the Genius. From this comparison, a number score is calculated. The score is between 0-777. High and low scores indicate frequencies that would be beneficial to run today. The goal or running frequencies, which means placing them in the one of the trays, is to achieve more harmony, peace and balance. Horm

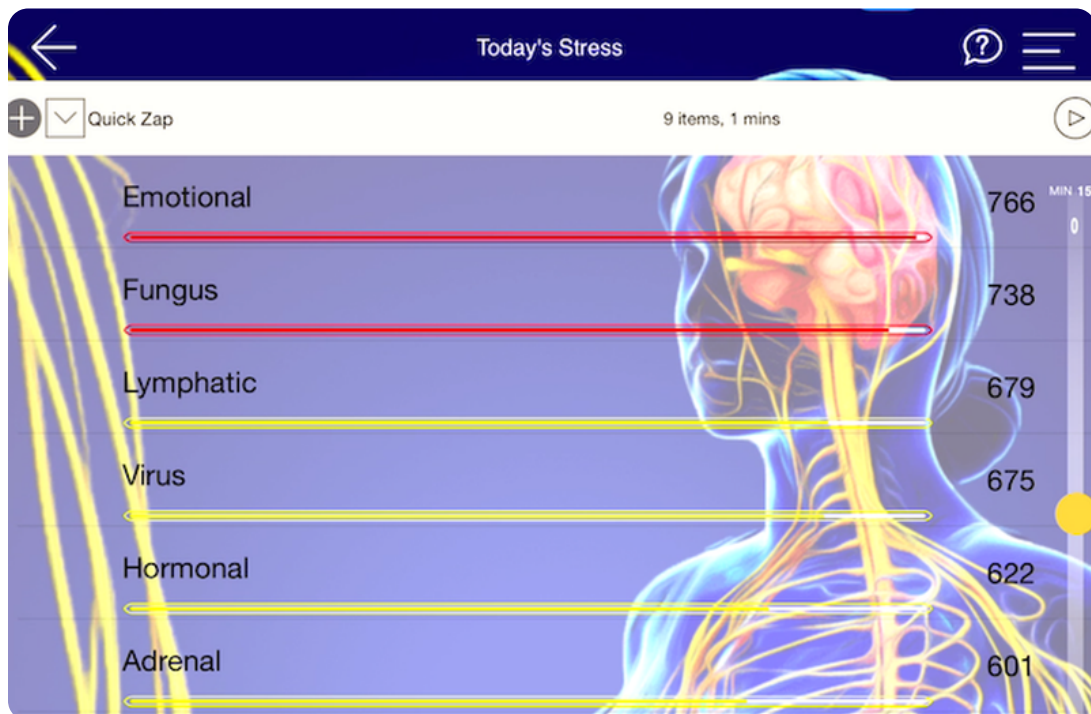


Step 2

Today's Stress

A good way to begin any session is to start with Today's Stress. This allows you to work with some of the most pressing issues in your day! Include the reds and blues from this panel by adding them to the Main Hold tray.

Red items are associated with issues that may be more superficial or short-term. Blue items may be associated with stagnation or with the compression of the energy. Either way, blues and reds are indicative of frequencies that would be most beneficial for you to place in the trays today. All panels and frequencies in the Genius represent energies. They do not represent conditions, diseases or pathology and should not be interpreted as such.

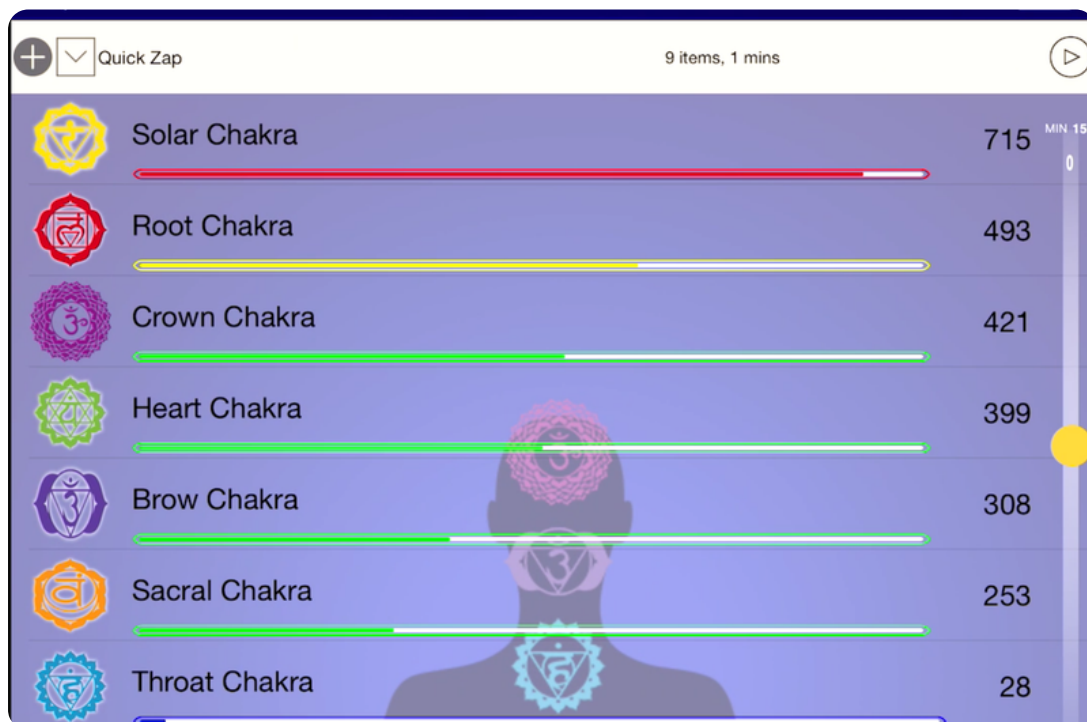


Step 3

Add these items to your tray (System Overview)

- Today's Stress - Adrenal, Immune, Blood Sugar, Inflammation, Emotional
- Solfeggio Tones - 528 Hz (Transformation + Miracles), 285 Hz (Restructure damaged tissue), 639 Hz (Increase positive communication)
- Nogier's - Nogier G (Balance Brain), Nogier F (Emotional Harmony), Nogier B (Circulation)

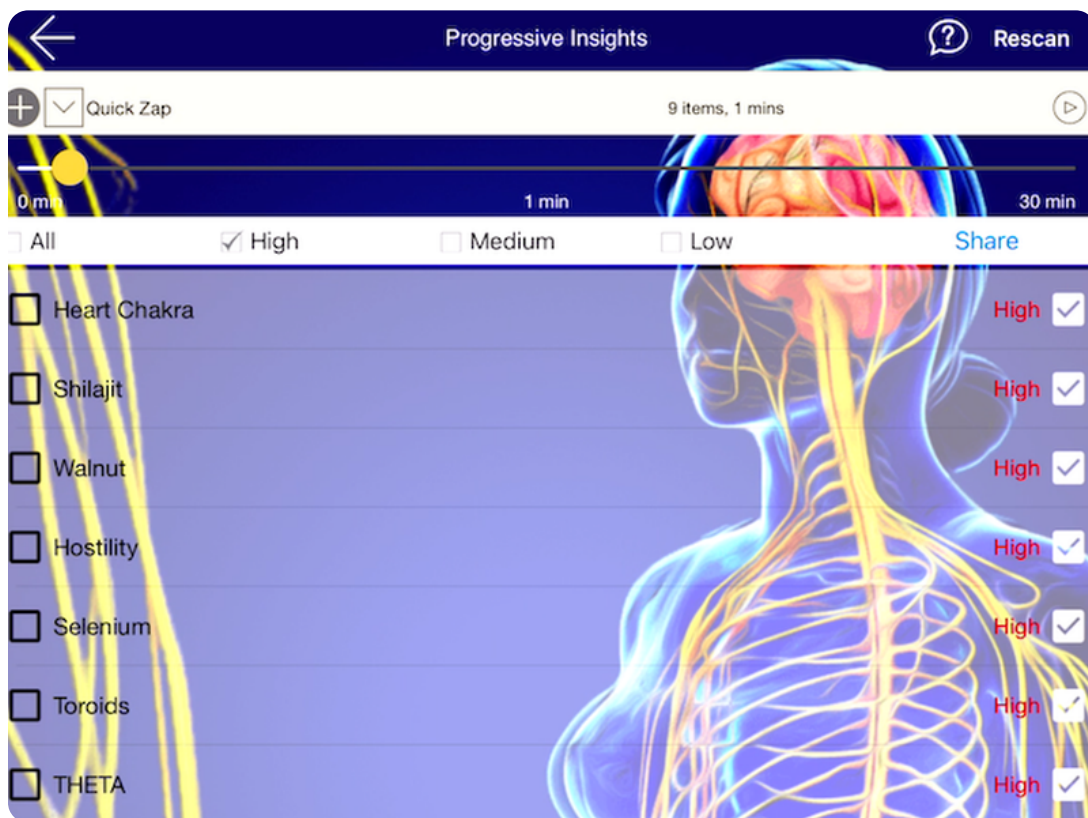
After all items are added to the Main Hold Tray, go to Progressive Insights using the Play button at the bottom right. Balance the frequencies for 15 min.



Step 4

Try the Rescan Function

The rescan function in the Progressive Insights screen, can help you to go to deeper levels of discovery. After balancing for 3 minutes, you can observe the rectification percentage. When it is over 40%, tap the rescan function. The rescan will consider the frequencies you have already balanced and look for new frequencies that are now priorities to the energy field. This allows you to see new priorities as well as some frequencies that continue to rise to the top again and again.



Step 5

Bach Flower Essences

The Bach Flower Essences should be considered for every session. These Flower Essences in the Genius are frequencies that can help to harmonize the emotions. If you feel anxiety, worry, sadness or other emotions you can use these frequencies.

Add the reds and blues from this panel to the Main Hold Tray as a stand alone balancing. This can help you to start the day on a happy and calm footing! You can also add the red and blue items to any balancing that you do.

The screenshot shows a mobile application interface for Bach Flower Essences. The title bar at the top is dark blue with a white back arrow on the left, the text 'Bach Flower Essences' in the center, and a white question mark icon and a white hamburger menu icon on the right. Below the title bar is a white bar with a plus sign icon, a dropdown arrow, and the text 'Quick Zap' on the left, and '9 items, 1 mins' on the right. The main content area has a blue background with a faint image of a human body with yellow energy lines. A list of flower essences is displayed on the left, with their frequencies on the right. Each item has a horizontal bar below it, colored red or blue. The items are: Mustard (774), Hornbeam (753), Water Violet (732), Walnut (725), Aspen (720), Heather (692), Rock Rose (685), Elm (679), and Clematis (678). The bars for Mustard, Hornbeam, Water Violet, Walnut, Aspen, and Heather are red. The bars for Rock Rose, Elm, and Clematis are blue.

Flower Essence	Frequency	Color
Mustard	774	Red
Hornbeam	753	Red
Water Violet	732	Red
Walnut	725	Red
Aspen	720	Red
Heather	692	Red
Rock Rose	685	Blue
Elm	679	Blue
Clematis	678	Blue