

Do you know the signs & symptoms of *Diabetic Neuropathy*?



By Dr. Pratim Sengupta

<https://savekidney.spayee.com/>



Foreword

Diabetic neuropathy is a serious and common complication of type 1 and type 2 diabetes. It's a type of nerve damage caused by long-term high blood sugar levels. The condition usually develops slowly, sometimes over the course of several decades. If you have diabetes and notice numbness, tingling, pain, or weakness in your hands or feet, you should see your doctor. These are early symptoms of peripheral neuropathy. The danger is usually when you can't feel pain and an ulcer develops on your foot. If still delayed it can lead to lower limb amputation.



Signs of Diabetes Neuropathy

- **Feeling numbness:** This is most common symptom. Sometimes you may be unable to feel your feet while walking or feet might tingle or burn.
- **Shooting pain:** Sharp pains that feel like an electrical current or you may feel cramping.
- **Loss of balance:** Walking in wobbly motion or even you may face loss of balance.
- **Hammertoe and other foot deformities:** Unusual shifts in weight caused by walking abnormally and the loss of nerve function, which can affect the muscles.
- **Sores and blisters in your feet**
- **Exaggerated sensations:** Your hands and foot may feel hot or cold for no apparent reason.
- **Unbearable pain at night:** Diabetic neuropathy increases at night.





By Dr. Pratim Sengupta
MD-Med, DM-Nephrology
<https://savekidney.spayee.com/>

Want to know more about Diabetes and its complications?

I am conducting a round the clock webinar on Diabetes: An Unseen Pandemic for FREE!!! Get all your doubts cleared today and save your family and yourself from this silent killer.

BOOK YOUR SPOT NOW!!!!

JOIN MY FREE WEBINAR HERE >>