

# 4 Tips for hearing God's voice for yourself. Today.

**Anne B Say**  
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# Did you know?

Everyone can hear His voice. You were created to.  
Yes, there are voices in your head, 3 of them in fact.

- Yours
- God's (Yes, this is where most people "hear" Him.)
- The devil (Yes, he can & is "whispering" lies and deceptions)

God's voice is heard in many ways:

- The Bible
- Worship songs
- People's prayer
- Your own voice in your head
- Innumerable other ways

God only speaks one language - Love



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The background of the entire page is a photograph of a pair of black headphones resting on a light-colored wooden surface. The image is overlaid with a semi-transparent teal color. A white rectangular box is positioned in the center-left, containing text. A blue arrow-shaped banner points to the right from the left edge of this box, containing the text 'Tip 1'.

## Tip 1

# God knows your thoughts

He's ready to answer them before you speak them. Not in the rude kind of way that we humans think about our answer when someone else is talking. But because God exists outside of time, He simply knows, so He's ready for you. That means as you're asking, He usually begins to answer.

>> Listen for the first thing that goes through your mind. It may feel like it comes in from "left field". It may also come like a picture. Whether words or pictures, they will not come from your mind, they will feel like they come "out of the blue", spontaneously into your mind.

[Click here to view the video >](#)



## Tip 2

# Voices in your head

Not all our thoughts are our own. God speaks to you. You have a voice, and the enemy's only power over us is to whisper lies in our ears. Lies about God, and about us. When we believe these lies, we begin to act upon them.

>> Inspect that thought or picture that goes through your mind. Test it. Is it full of hope? Does it encourage you? Does it make you feel loved? If not, throw it aside and ask God again. God's heart toward you will always reflect His character. Don't give up! Any new thing we pursue takes practice.

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### Tip 3

## 100 million thoughts

If your thoughts distract you away from your intimate time with God, try imagining putting them on a shelf temporarily. They'll be right there when you come back to them, but for a few moments, focus your thoughts on God.

>> Having a “place” to go in your mind can be most helpful. This place should be somewhere that brings you peace. Sitting on the beach, or by a lake, in a rocking chair, a sofa, or a swing. Find a place you can go in your mind's eye and meet with Jesus there. Having a place gives your mind something to focus on, and a place to be with Jesus.

[Click here to view the video >](#)

The background of the entire page is a photograph of a modern interior. It features a large window with a grid pattern, through which a brick wall is visible. A lamp with a large, dark, conical shade is positioned in front of the window. To the left, a portion of a light-colored sofa is visible. The overall lighting is soft and even.

## Tip 4

# Write it down

These words God has for you are precious treasures. Keep a journal of the things He says to you so that you can come back to them later. Journaling is also a helpful way to keep your thoughts focused on what God is saying, and since He already knows what we're going to ask, He's ready to answer as you write. Journaling also helps you test what you hear (rhema word) against the written word (logos word).

>> Keep a journal for these conversations with God. Date your entries so you can refer back to specific seasons of your life.

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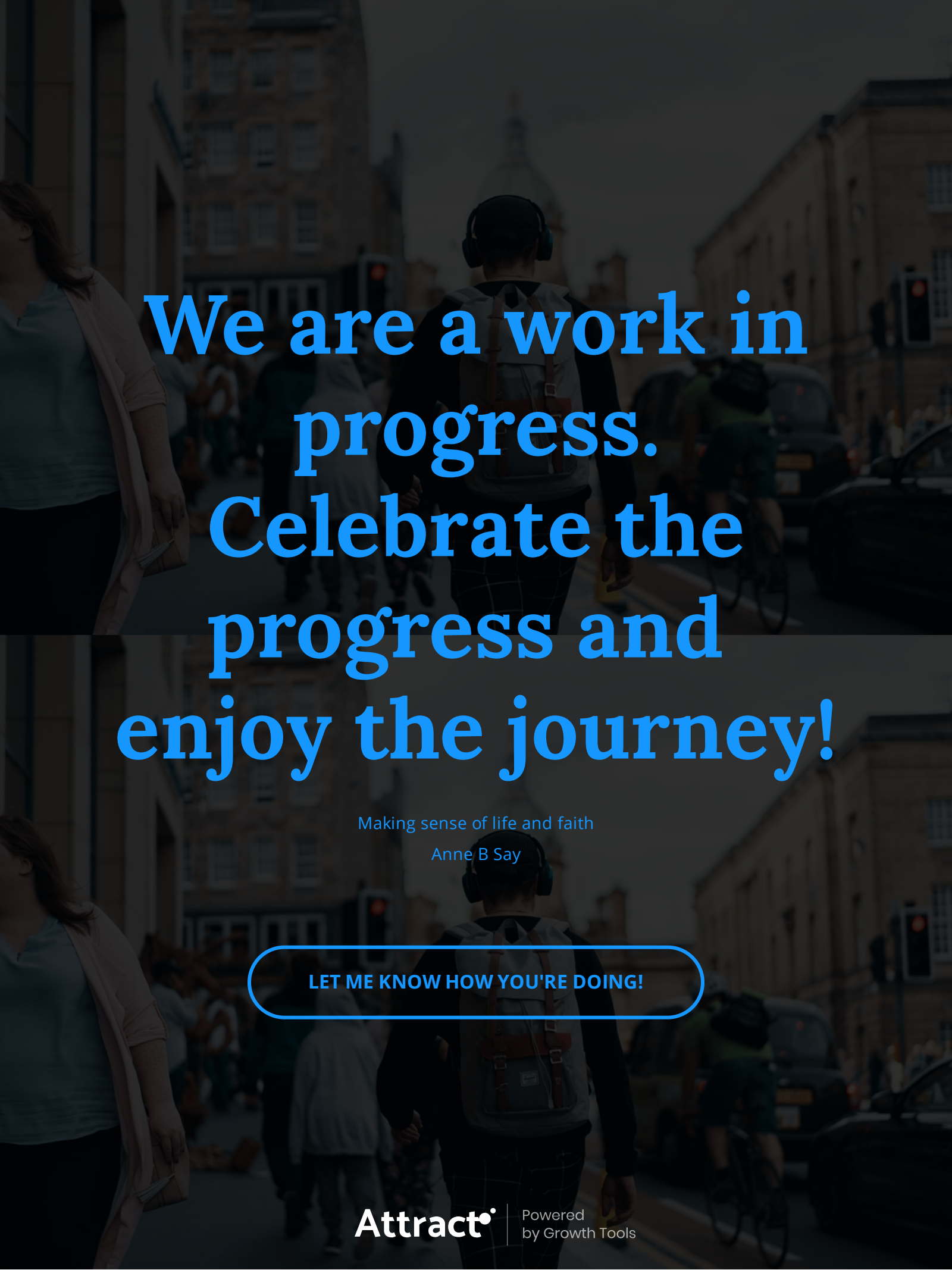
## Final Thoughts

# Keeping it safe

- 1- Review your journaling regularly. Look for themes in what God is saying.
- 2- Share what you've heard with someone who knows God's heart. Let them help you confirm God's words line up with His Word.
- 3- Address any heart issues as soon as they come up.
- 4- Stay humble. We are all a work in progress.
- 5- Remember, God never reveals His whole plan in one conversation.

Have fun & enjoy the time with the One who loves you.

[Click here to view the video >](#)

A person with a backpack and headphones is walking away from the camera through a busy city street. The street is filled with other pedestrians, cars, and buildings in the background. The image has a dark, muted color palette.

# We are a work in progress. Celebrate the progress and enjoy the journey!

Making sense of life and faith

Anne B Say

LET ME KNOW HOW YOU'RE DOING!

**Attract**

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