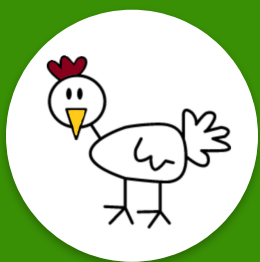


# Growth at the Edge of Competence



**By Kiri Jorgensen**

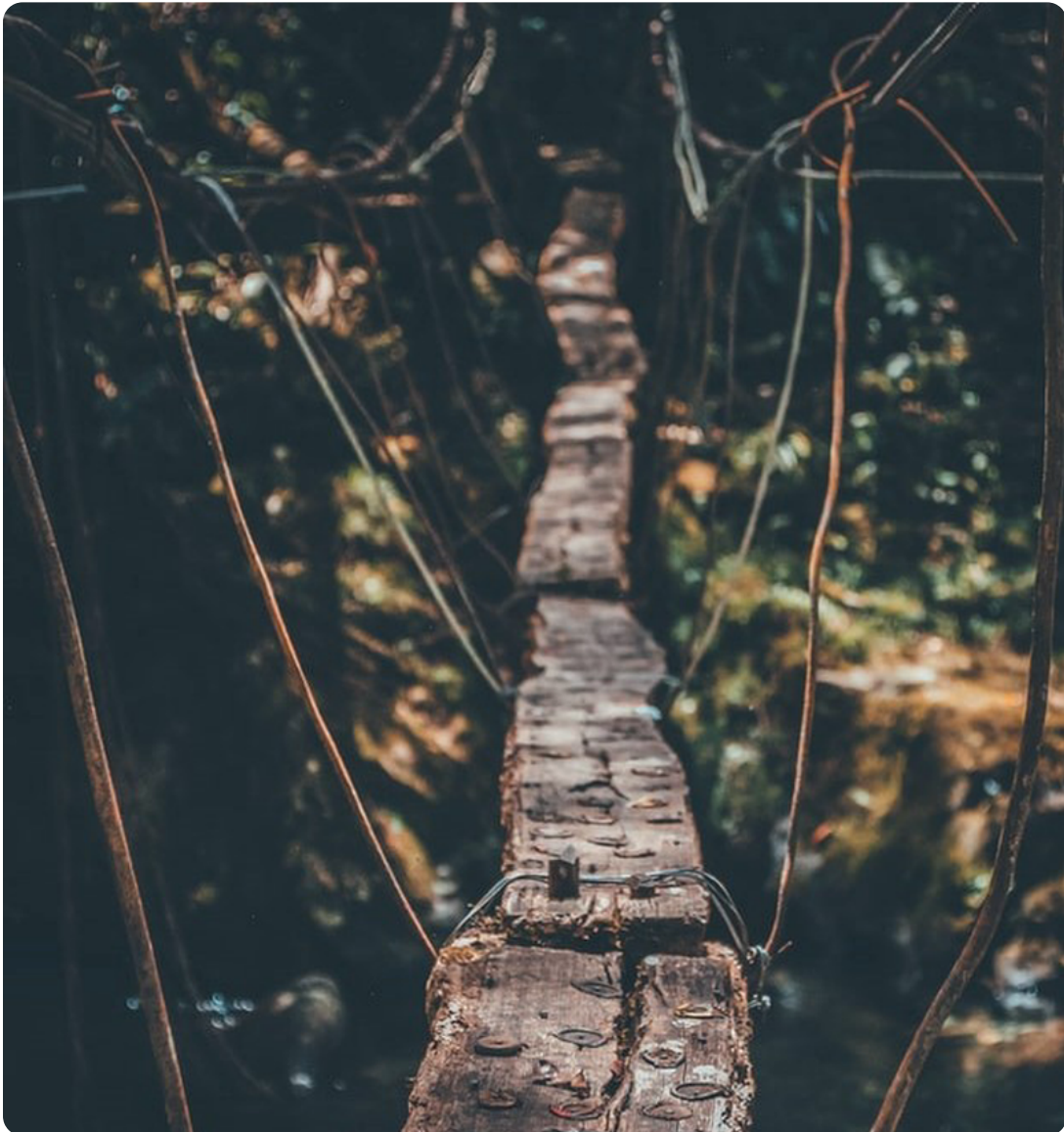
[www.chickenscratchbooks.com](http://www.chickenscratchbooks.com)

## Identify Your Protagonist's Risk Tolerance

Think about your main character's tolerance for risk in each of the 5 categories:

- Physical Risk
- Social Risk
- Emotional Risk
- Intellectual Risk
- Spiritual/Moral Risk

Now rank each area of risk from 1 to 5, with 1 being the easiest risks to take, and 5 being the hardest. What's their most challenging area?

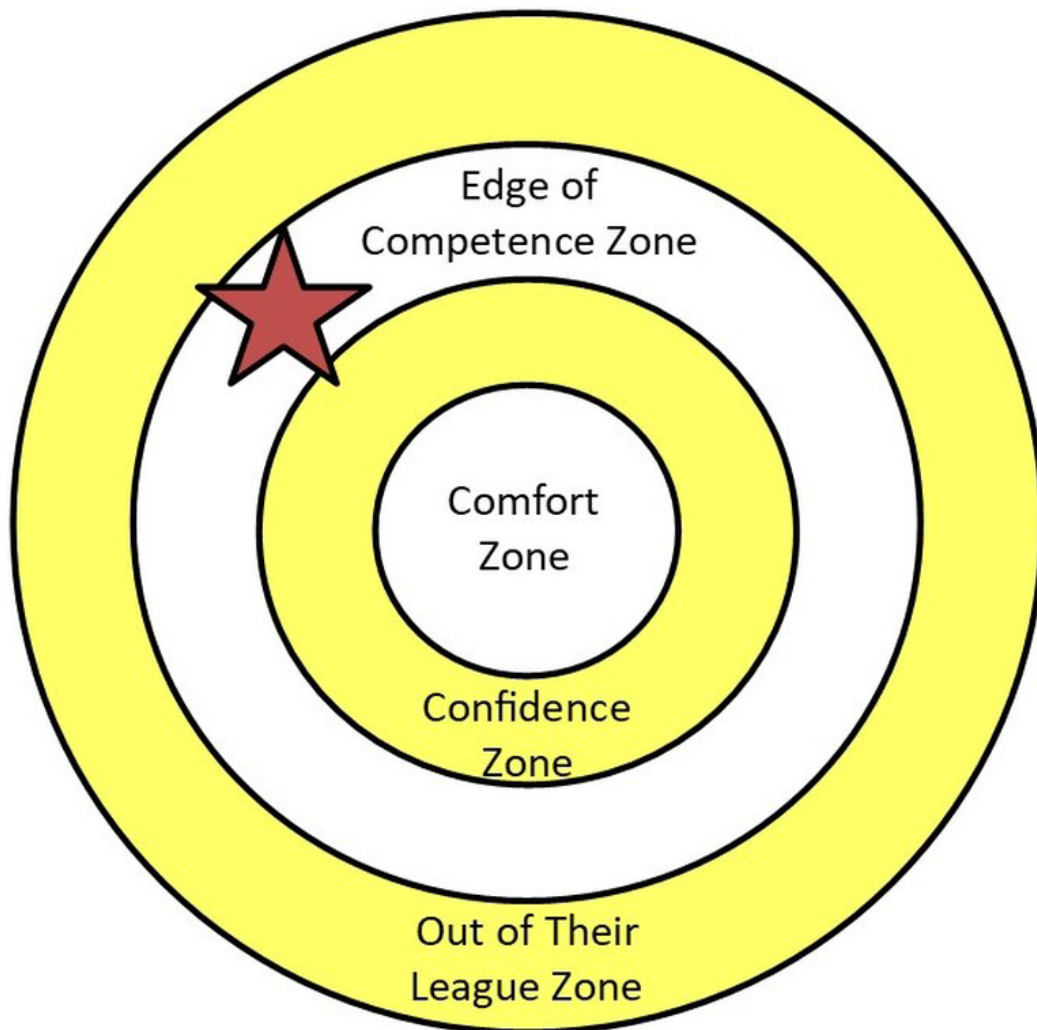


## Authentic Agency

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# Push Them to the Edge of Competence

Don't let your main character stay in their comfort zone! Give them opportunities to stretch outside their confidence zone, and all the way to the edge of competence. That's the only place authentic growth happens.





## □ Authentic Agency

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# Make The Growth Authentic

Every character needs to grow and change through the story. Pushing them to the edge of their competence in their areas of weakness will bring authentic growth. It also brings authentic plotting. The character themselves will drive the plot, instead of the other way around.

