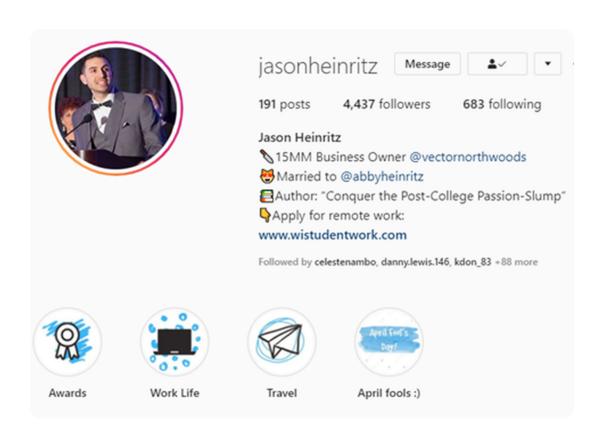
# The Complete Guide on Profile Mastery on Instagram





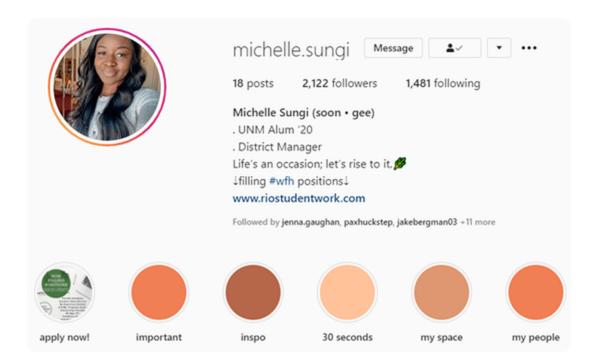
### Create a Profile as your Digital Resume

- Use an existing profile or create a new one.
- Personal account (not an office account)
- Make sure you have a PUBLIC account
- Clean up any captions or hashtags. (If you don't want Grandma seeing it, archive or edit it)
- No short cuts when it comes to organic growth
  (follow/follow back schemes don't work and IG jail is real.)



#### Choose Your Username

- Easy to search, professional, and authoritative
- Use full name if possible. If not possible, add a period in between first and last name, add middle initial, use last name first, or add an underscore. (@laurenholliday, @lauren.holliday, @lauren\_holliday, @laurenbholliday)



#### Pick a Profile Picture

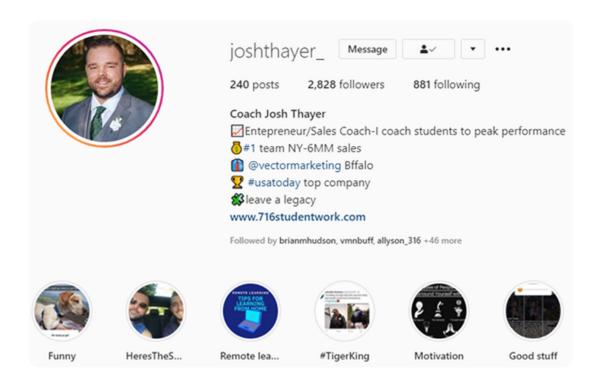
- Look approachable
- High quality photo of JUST your face since it's a small area to work with.





#### Make a Bio

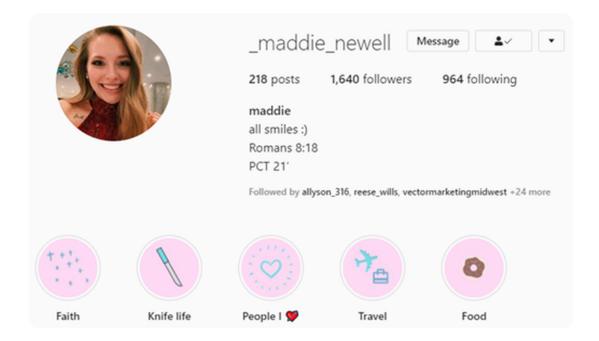
- Short, sweet, and to the point giving the best 1st impression
- Bullet points and not sentences
- City, State (city your office will be in)
- Your school's acronym
- Short mission statement
- Hobbies
- Favorite sports teams
- Use emojis, but not JUST emojis (don't go overboard)





#### **Create Highlights**

- Make a list of 3-10 categories of what you post in stories
- Mix work and daily life
- Friends, Quotes, Travel, Work, Food
- Add covers for a cohesive look



#### Post a Cohesive Grid

- Show intentional variety with what you're posting and stay true to yourself
- Planning Apps UNUM, Preview, Later
- Editing Apps VSCO, Lightroom (create presets), Mextures
- Create a cohesive aesthetic

DREAMING, AFTER ALL, IS A FORM OF PLANNING. 99

- GLORIA STEINEM





MINDSET IS WHAT SEPARATES THE **BEST FROM THE** REST.



THE GRASS IS GREENER WHERE YOU WATER IT



A DAY TO REFUEL YOUR SOUL AND BE GRATEFUL FOR TAKE A DEEP BREATH AND RELAX. ENJOY YOUR FAMILY. YOUR FRIENDS AND A CUP OF COFFEE.









## Want to Dig Deeper?

You've now taken your Instagram to the next level. Let's work on your other social platforms. Click the button below to finish the rest of your digital footprint.

OTHER SOCIAL PLATFORM CHECKLISTS >>